

Group activities

Consumers have been involved in many group activities, including playing 8-ball, going to the movies, tie-dying, making chocolate moulds and jewellery making. We took part in the latest ReLink activity of 10-pin bowling and had a great turn-out with 13 clients attending.



Hey Girl

It's not the way I thought,
so many years ago,
like a life-time gone,
that I wish I could say to you
how sorry I feel.
Can I know you never loved me,
though for a moment
you made me feel special,
never knowing
the fall I understood
I was heading for in '74.
And if I had the chance
to see you, just long enough
to tell you, in glimpse
where I went wrong.
And for all mistakes
and that there's no one
to blame, but the one here.
For looking back
I remember you still,
like it was yesterday,
through your letters
I lost in time.
And if I could have one prayer,
I could wish come true,
is to just say, 'Forgive me,
how I gave you up,
for all the hurt
and confusion in '74."

Leo Welin



On the road to Kings Canyon for the 2007 Matt Deer Camp

Joint Women's Group - Creative & Welcoming

MHACA runs a Joint Women's Group in partnership with the Toward Independence Program of The Salvation Army (TIPAS) each Friday morning. Gina from MHACA and Robyn from TIPAS have been coordinating the weekly program which has been popular with women from both organisations.

The women who attend the group share their own art and craft skills with each other, including activities such as ceramic mosaics, tie-dying, beading, jewellery-making and different forms of painting.

Recently the focus of the group has steered away from art & craft and allowed the women to enjoy other activities, eg. a BBQ at the Telegraph Station, a trip to the Bower Bird Tip Shop, and cooking and video mornings. These were all suggestions from the women themselves in order to create more variety each week and to maintain interest in the group.

When the group began MHACA and TIPAS wanted to provide an opportunity for the women to socialize outside of their existing network. We believe this goal has been achieved which is evident by the relaxed, non-threatening and multi-cultural environment created by the group.

High on the Kings Canyon trail ... everyone really enjoyed it

