

Disturbance Prayer

Lord, make me a channel of disturbance,
Where there is apathy, let me provoke.

Where there is compliance,
let me bring questioning.

Where there is silence, may I be a voice.

Where there is too much comfort
and too little action, grant disruption.

Where there are doors closed
and hearts locked,
grant the willingness to listen.

When laws dictate and pain is overlooked ...

When tradition speaks louder than need ...

When we refuse to take control
of our own lives ... our own people ...

our own alienated ...

Disturb us O Lord,
teach us to be radical.

Grant that I may seek to do justice
rather than to talk about it;

To be with, as well as for, the alienated;
To love the unlovable as well as the lovely;

To dare to touch the pain
of those we meet;

To accept responsibility
to be truly human.

Lord, make me a channel of disturbance.

*Derived and adapted from an anonymous author
by Janet Meagher, Director of Development,
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