



Big smiles from Des Shee at her farewell drinks. Thanks Des for helping out at MHACA while Rita was on holiday.



It's not everyday royalty visits across the road! Life Promotion Coordinator Laurencia Grant happened to have her camera handy when Prince Charles paid a visit to the Royal Flying Doctors earlier this year.

Wait a minute ... but it can't be!!! Yes, it's England's own bonnie Prince Charles paying the locals a visit.



"Oh, I say good chap!"

Always some action at MHACA! Jan - March 2005



Consultant Raelene Beale ready to facilitate the public meeting held regarding the Senate Inquiry into Mental Health.



A friendly visitor from time to time Eva Briscoe attended the Mental Health First Aid Training course held in February.

MHACA staff were pleased to help Clayton Coppock celebrate his big 4-0 in March. Clayton has almost become part of the furniture (!) and it is a pleasure to see his smiling face each day as he helps tend to the garden or fixes those odd bits that get broken. Happy 40th Clayton!



Staff and committee members enjoy a sunny social get-together in February.



A Jolly Time Had By All ...



Santa pays a visit to Sarah and Olga at MHACA's Christmas Day lunch.



Laurencia and Leo take a break between courses.



The Pilbrows enjoy a laugh on Christmas Day.

AS YOU MAY remember from our last newsletter MHACA organised a calendar of events over the 2004-2005 Christmas-New Year season. A range of activities was offered to help support people at a time when some can feel lonely or isolated. Events included a Games Morning, Yoga Session and a BBQ at Telegraph Station. A festive lunch was also held on Christmas Day and 30 consumers, carers, family and friends attended. Even Santa made an appearance! Thank you to everyone who made this a meaningful and memorable day.

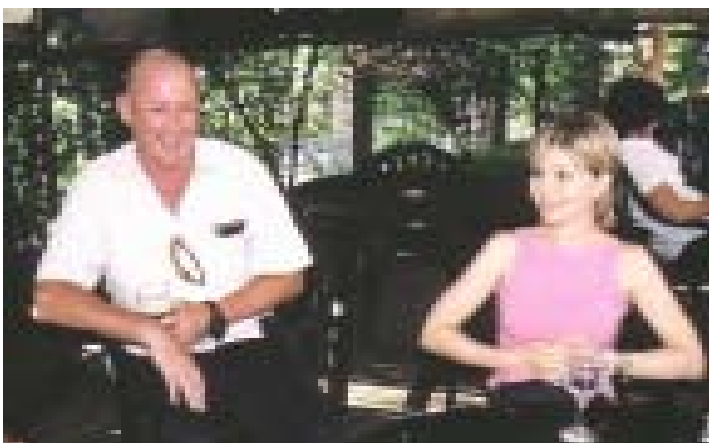


Rita and Judith about to sizzle at the Telegraph Station BBQ.



Can I've the dictionary! Judith, Rita and Clayton in a hearty scrabble scrum at the Games Morning.

What's on the menu? Glen, Wayne and Melissa at a Drop In/Cooking Session at the Salvation Army.



Ken and Melissa share a laugh at Ken's farewell drinks.

