



MHACA

Mental Health Association of Central Australia
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Mental Health Recovery Support Worker

POSITION:	Mental Health Recovery Support Worker
HOURS:	15.2
CLASSIFICATION:	Level 4 (\$82,863-\$89,170) with Salary Sacrifice available.
LOCATION:	Alice Springs
REPORTS TO:	Pathways Manager
ENQUIRIES:	(08) 8950 4600

ABOUT MHACA

MHACA is a specialist psychosocial recovery and mental health promotion organisation with a strong presence and reputation in the community. We strive to make a difference in the lives of people with a mental illness by supporting participant-driven mental health recovery and assisting communities and organisations to actively improve their mental health and well-being.

Our psychosocial support services and educational programs aim to enhance the mental health and wellbeing of people living in Central Australia through a range of programs and activities including:

- NDIS funded support coordination, capacity building, living skills and social and recreational activities
- Individual support to people experiencing mental illness
- Tenancy support to people who are homeless or at risk of homelessness
- A day program offering group activities and peer support
- Mental health promotion to reduce stigma and raise community awareness
- Support remote Aboriginal communities to build awareness and community capacity to implement suicide prevention strategies
- Training in mental health first aid, suicide intervention, workplace health and related areas
- Advocacy for improved services at local, state and national levels.

PRIMARY OBJECTIVE

To work alongside participants experiencing mental illness to enhance the quality of their lives and ability to live independently with a focus on self-determined recovery. This requires assisting in setting goals and tasks that aim to improve or recover mental wellbeing, develop or rediscover social skills, raise awareness about mental health, improve access to training and employment opportunities and encourage participation within the community through active engagement and activities.

Mental Health Matters

KEY RESPONSIBILITIES

As a multi-disciplinary, professional team member, the Mental Health Recovery Support Worker will provide effective recovery focused individual and group support through structured social, recreational, employment and educational activities.

- Work alongside people living with diagnosed mental illness to support their recovery.
- Use assessment tools to support participants to develop, review and evaluate their recovery plans.
- Assist participants to build upon their strengths, interests and values.
- Assist in the development and delivery of recovery focused group activities that meet participant needs and interests.
- Develop networks with participants, supporting them to develop skills to lead personally meaningful lives.
- Advocate with participants as required, both within the service and externally.
- Engage in supervision, training, planning and staff development activities.
- Actively contributing as a member of a team to the day to day functioning of the services, programs and facilities.
- Actively contribute to creating and maintaining a safe environment for staff, participants and visitors.
- Maintain a duty of care to staff, participants and visitors in accordance with MHACA's commitment to privacy and confidentiality requirements.
- Actively promote the products/ services offered by MHACA to relevant organisations and participants.
- Work collaboratively with other relevant services and organisations.
- Collect and store participant data and information according to MHACA Policy and Procedures, Service Standards and funding body requirements.
- Other duties as directed by Manager/ CEO.

SELECTION CRITERIA

Essential

- Cert IV in Mental Health, Community Services, Disability, Education and/or commensurate work experience in these similar
- A demonstrated person-centered, recovery-focused, strength-based approach to participants' care based on a sound understanding of mental health challenges.
- The ability to work effectively and engage with individuals from diverse backgrounds, cultures, and abilities.
- An understanding of the issues that impact on people experiencing mental health challenges.
- Relationship building with participants and agencies to encourage collaboration and partnership.
- Good time management, including independently establishing and managing work priorities and organizational skills.
- High developed computer and report writing skills.
- Ability to work independently and within a team environment.
- Current NT Drivers License

Desirable

- Knowledge of Australian Mental Health Frameworks such as the National Mental Health Standards, National Mental Health Strategy and NDIS



- Knowledge of the National Disability Insurance Scheme (NDIS).

What's in it for you:

- A competitive Salary that is above award
- Salary Packaging meaning a large amount of your package is tax free
- 6 weeks' annual leave and leave loading
- Superannuation
- Annual Wellbeing Allowance of \$400
- 11 days of personal leave
- Access to an Employment Assistance Program with Relationships Australia
- Monthly supervision
- A comprehensive training and development program

CONDITIONS OF EMPLOYMENT

The successful applicant will be required to provide a current National Police Check and possess an Ochre Card or be registered on the NDIS Worker Screening.

**For further information and to submit your application please contact Linda Carpenter on
0457691599 or linda.carpenter@mhaca.org.au**

**Applications must address the Selection Criteria and include a resume and contact details of 2
current referees.**

Previous Applicants need not apply.

Applications close on Friday 24th of November by close of business.